



## **How Does Substance Abuse Affect the Workplace?**

Drug or alcohol abuse in the workplace impairs your senses and judgment, putting both your job and your coworkers at risk. It has a negative affect on relationships, health care costs, productivity, and workplace safety.

If you are struggling with a drug or alcohol problem, confidential help is available. Take the first step on the road to recovery by contacting your HR representative today.

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